

## Focus on the Maternity benefit

Maternity benefit (Bronze, Silver and Gold options)	<p>1 Foetal growth 2D scan per member per pregnancy</p> <p>Antenatal pathology tests linked to a Network GP visit and referred by a Network GP, according to the applicable Health4Me pathology list</p> <p>Antenatal vitamins provided in accordance with the Network prescribed acute medication formulary, rules and protocols are applied</p> <p>Pre-authorisation is required</p>
Maternity benefit (Gold option only)	<p>1 Additional foetal growth 2D scan per member per pregnancy</p> <p>Antenatal support (access to current and credible information on all topics related to parenthood) via Parent Sense</p> <p>Support post-partum from a nurse/midwife at home with bathing, swaddling, latching and feeding</p> <p>Nurse/midwife home visits on day 2 and week 2 after the birth of the baby</p> <p>Pre-authorisation is required</p>

You will have cover for two maternity visits, which includes one 2D growth scan or ultrasound (Bronze and Silver options) and two 2D growth scans or ultrasounds (Gold option), per pregnancy. You will need to visit a Network GP who is certified to do growth scans or be referred by a Network GP to a gynaecologist (Gold option only). If you do consult a gynaecologist, the scan will be paid from this benefit, but the visit will be paid from your specialist benefit (subject to the specialist benefit limits and any waiting period that may apply).

Your doctor may also send you for pathology tests related to your pregnancy and may also prescribe antenatal vitamins for you from an approved list.

### Which antenatal pathology tests are covered during your pregnancy?

3709	Antiglobin test - Direct or indirect coombs
3755	Full Blood Count (incl 3739/3762/3783/3785/3791)
3762	Haemoglobin estimation (Hb)
3764	Blood group
3765	Rhesus
3797	Platelet count
3867	Body fluids, Urine, Exudate
3887	Microscopic exams
3893	Bacteriological culture (sensitivity)
3948	IgG: Varicella, Herpes, Rubella
4032	Creatinine
4050	Glucose strip test
4188	Urine dipstick

If you are on the Gold option, Parent Sense will support you with all the information you will need about your pregnancy and about being a parent. Parent Sense is an all-in-one baby development app designed to guide and support you through your pregnancy and every stage of your baby's early years. Once you have successfully registered on the Maternity Programme via the Parent Sense App, you will receive a welcome pack with all the details of your benefits. To access your free premium membership, download the Parent Sense app from Google Play or the App store, choose the H4Me option and enter your membership number.

Momentum will also arrange for a nurse or midwife to visit you at home, to assist you with any guidance you might need after your baby is born. The nurse or midwife will also show you how to bathe, swaddle, latch and feed your newborn. These visits will take place on the 2nd day and in the 2nd week after you get home from the hospital after childbirth.

### How should you register for the maternity benefit?

You can either register directly through the Parent Sense App or call us on 0860 10 29 03 and provide us with the following information:

- Your Health4Me member number
- Your Health4Me dependant number
- Your expected due date/expected delivery date
- Your cell phone number

**Please note** that this benefit is available on the Bronze, Silver and Gold options.

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